

Brian Tierney, Ph.D.

— SOMATIC PSYCHOLOGIST · EDUCATOR · AUTHOR



A therapist who teaches clinicians how to listen to the body — and a scientist who can tell you why it works.

Dr. Brian Tierney is a licensed somatic psychologist recognized internationally for his work in neuroscience and trauma resolution. From his California practice he sees individuals, couples and families; he teaches somatic psychology — with neuroscience at its core — at Meridian University, previously serving as professor at the California Institute of Integral Studies and Dominican University, and has trained somatic and craniosacral clinicians worldwide for over a decade.

His clinical work brings together somatic psychology, biodynamic craniosacral therapy, depth psychology and expressive arts — a practice grounded in the science of the nervous system and carried out with unhurried care.

Ph.D., Somatic Psychology

Licensed Psychologist · RCST

Professor of Somatic Psychology, Meridian University

Former professor, California Institute of Integral Studies

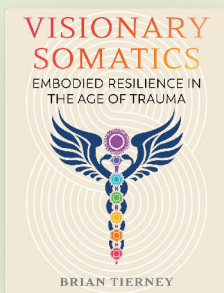
Host, *Boundless Body* podcast

Author, *Visionary Somatics* (2027)

SPEAKING TOPICS

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| 01 Somatic psychology & trauma resolution | 02 The neuroscience of trauma: limbic anatomy & self-regulation |
| 03 Visionary Somatics: psychedelics, imagination & the dreaming body | 04 Embodied resilience: posture, grounding & emotional containment |
| 05 Couples therapy & relational somatics | 06 Deleuze in the clinic: process philosophy meets somatic therapy |
| 07 Archetypes & the embodied psyche: Jungian depth psychology in somatic work | 08 Biodynamic craniosacral therapy, expressive arts & the philosophy of the body |

THE FORTHCOMING BOOK



Visionary Somatics

Embodied Resilience in the Age of Trauma

— FEBRUARY 2027

His method in one volume — trauma resolution, hands-on therapy and social artistry — and the first serious attempt to bring the philosopher Gilles Deleuze into the somatic clinic.

THE PODCAST

Boundless Body

Brian's own show: conversations at the frontier of psychology, neuroscience, philosophy and healing. On Apple Podcasts, Spotify and iHeart, with a companion newsletter reaching some 400 readers.

Advance review copies and a full media list available on request.

SPEAKER REQUESTS

Lana · Lana Communications

(408) 603-1710 · lana@lanacomms.com

Topics can be shaped to a clinical, academic or general audience. Advance review copies of *Visionary Somatics* available on request.

Appearances & media

Stages, summits, podcasts, published writing and press — the complete list to date.

01	Somatic Healing Summit	Heart Mind Institute; featured speaker, Day 6 — a trauma-informed journey back to vitality. Alongside Bessel van der Kolk, Peter Levine, Deb Dana and Dan Siegel.
02	Mind-at-Large: A New Dawn	Center for Process Studies, Emerging Perspectives — “Paradox at the Origin: Astrobiosemiotics, Immanence, and the Trickster Dynamics of Mind-at-Large.”
03	Rock ‘n Roll ... and Regulate	Public lecture on the limbic system and the nuclear self, bridging neuroscience, psychology and mythology.
04	International clinical trainings	More than a decade training somatic and craniosacral clinicians worldwide.
05	The Psychedelic Podcast	The Third Wave — “Visionary Somatics: Psychedelics, Trauma & the Dreaming Body.”
06	Lavendaire Lifestyle	“Breaking the Trauma Cycle: The Power of Somatic Psychology.”
07	Brad Hook Podcast	“What’s the Secret to Healing Trauma?”
08	Red Beard Embodiment Podcast	“Embracing Multimodality in Somatic Therapy.”
09	The Trauma Therapist Project	“Integrative Psychotherapy with Dr. Brian Tierney.”
10	Strive 365	“Thriving through the Mind-Body Connection.”
11	Onion Soup	e360TV — “Unveiling the Mysteries of Somatic Therapy.”
12	The Craniosacral Podcast	Ep. 77 — “Biodynamics and Somatic Psychology.”
13	The Craniosacral Podcast	Ep. 20 — “His Journey, Influences and Teaching.”
14	The Quotidian	“The Wisdom of the Body.”
15	The Truth About Mental Health	“The Neuroscience of Patterns: How Your Brain Shapes Behavior.”
16	Somatic Success in Life and Marriage	Somatics applied to relationships.
17	It’s All In Your Mind(fulness)	Mindfulness and the body.
18	Mind/Body Connection + Why It Matters	Guest feature, episode 67.
19	The Somatic Doctor Brian Tierney	Guest feature, episode 54.
20	Boundless Body	Host — conversations at the intersection of psychology, neuroscience, philosophy and healing. Guests include the philosopher Matthew David Segall.
21	Vitalism and Mechanism: Linguistic Biodynamics	Guest essay on craniosacral theory, Cranioschool.

IN THE PRESS · QUOTED AS AN EXPERT

mindbodygreen

The benefits of cold plunging

theSkimm

Conversational narcissism

Women’s Health

Signs of emotional cheating

Verywell Mind

Dating an alpha male

Yoga Journal

Yoga for breakups

PureWow

What happens to your brain when you fall in love

Daily Mail

The psychology of abusive men

Parade

What it means to be a reserved person

AskMen

Better living

FlowSpace

The best at-home somatic exercises

Men’s Health

How to stop dissociating