

Visionary Somatics

Practitioner Training

Learn to read bodies and fields
with clinical precision and
disciplined imagination.

Brian Tierney, PhD

Somatic psychologist
Author & neuroscience educator



From the founder's practice photography collection

2

years of field training

13

learning modules

216

live contact hours

Founding cohort planned for March 2027

Curriculum & Program Guide · October 2026

The Living Field Is the Lesson Plan

The book is the atlas, and the cohort is the transformative learning adventure. Anatomy and neuroscience ground the inquiry in a shared plane of reference; the group's lived tensions and collective imagination shape an evolving curriculum.



Body reading, touch, and group inquiry begin in the opening intensive and return throughout the training.

Clinical precision

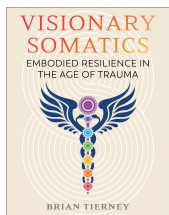
Connect emotion, memory, and prediction with somatic patterns, archetypal dynamics, and the wider social field.

Hands-on craft

Develop stillness touch, myofascial skills, somatic microtracking, imaginal inquiry, and sensitive pacing through demonstration and supervised practice.

Collective imagination

Explore the forces shaping bodies, relationships, and cultural worlds through archetypal inquiry, psychodrama, and clowning.



The book becomes a field of practice.

Visionary Somatics: Embodied Resilience in the Age of Trauma is the primary text. Seven practice manuals and a logbook accompany study, peer practice, reflection, and integration.

Between modules, practice groups carry the inquiry forward through observation, experimentation, and feedback.

Brian Tierney, PhD is the founder of Visionary Somatics, adjunct faculty at Meridian University, and host of the *Boundless Body* podcast.

Sensation, prediction & trauma

Scientific inquiry becomes perceptual skill through demonstrations, experiential laboratories, and guided practice.

01 Enter the Living Field

March 2027 · In person · 24 hours

Develop the perceptual foundations of body reading through sensation, movement, stillness contact, and the first experiments in learning as a collective.

02 From Protozoa to Person

April 2027 · Live online · 12 hours

Follow the evolution of feeling, movement, and core emotions. Translate affective network neuroscience into practical ways of observing and working with bodies.

03 The Predictive Body

June 2027 · Live online · 12 hours

Explore how cerebellar sequencing, memory, and mental imagery shape anticipated experience. Practice shifts of perspective that open possibilities within familiar patterns.

04 The Social Body

August 2027 · Live online · 12 hours

Investigate how development, language, culture, and identity shape bodily experience. Practice staying responsive to difference without losing contact with the person.

05 The Traumaverse

September 2027 · In person · 24 hours

Learn to recognize trauma patterns and dissociation. Develop assessment, attunement, and re-sequencing skills through supervised practice appropriate to your professional role.

06 Trauma, Time & Multiscale Formulation

November / December 2027 · Live online · 12 hours

Bring cases into a shared clinical inquiry. Discern when to work through imagery, movement, touch, relationship, or additional support.

Module timing is indicative. Exact dates, venues, and online times will be confirmed before enrollment.

Touch, archetypes & the social field

Deepen the craft of contact, develop archetypal range, and bring the work into collective life.

07 From Bioelectricity to Becoming

January / February 2028 · Live online · 12 hours

Bring Wilhelm Reich's account of armoring into conversation with fascia, embryology, and bioelectric research. Distinguish scientific findings from clinical and philosophical propositions.

08 Touching the Web

March 2028 · In person · 24 hours

Develop stillness touch and myofascial skill through experiential anatomy, somatic microtracking, and supervised practice connecting tissue, breath, movement, and imaginal inquiry.

09 Archetypal Anatomy

May 2028 · Live online · 12 hours

Work with the Octahedral Diamond Body as a map of biopsychosocial tensions. Explore boundaries, attachment, sovereignty, fragmentation, and the development of wholeness.

10 Magus, Trickster & the Image in Action

July 2028 · Live online · 12 hours

Develop imagination, pattern recognition, and tolerance for paradox through experiments with images, language, movement, and the Semiotic Clown.

11 Archetypal Theatre & the Rumpus Room

September 2028 · In person · 24 hours

Bring masks, archetypal tensions, voice, and movement into a living plane of composition. Develop expressive range and facilitation skills through witnessed experimentation.

12 VibeScape & Social Artistry

November 2028 · Live online · 12 hours

Learn to work with roles, collective armoring, conflict, and belonging through structured group practice, ethical discernment, and the art of repair.

13 Cosmos into Clinic

March 2029 · In person · 24 hours

Integrate the work through a final practice project, observed demonstrations, and faculty feedback. Develop a distinctive expression of Visionary Somatics fieldcraft.

Five four-day intensives: 120 hours. Eight live online studios: 96 hours. Each studio comprises four three-hour meetings.

A place in the founding cohort

For people with relevant foundations in clinical, somatic, educational, coaching, artistic, or community practice. Study directly with the founder and bring the work into your own professional context.

FOUNDING TUITION / USD

PAID IN FULL \$10,500 \$1,200 enrollment deposit. Remaining balance: \$9,300.	INSTALLMENT PLAN \$11,400 \$1,200 enrollment deposit. Then 24 monthly payments of \$425.
---	--

\$1,200 enrollment deposit

Due within **10 calendar days of written acceptance**, after you receive the enrollment agreement. The deposit reserves your place and is **credited toward either tuition total**, not charged in addition.

Included	216 live contact hours, seven practice manuals, a logbook, learning resources, six faculty group consultation hours, certificate review, and the founding alumni community.
Additional costs	Travel, lodging, meals, personal-process sessions, consultation beyond the six included hours, professional insurance, and optional advanced mentoring.
Time & travel	March 2027 to March 2029, with five California intensives and eight live online studios. Exact dates, venues, online times, and cohort capacity will be confirmed before enrollment.

Start with a Conversation

Tell us where you want to take your practice. We'll discuss studying with the founder, the two-year commitment, and the possibilities you want to develop.

Explore the Training & Inquire



Before you commit: Your enrollment agreement specifies the remaining balance or installment due dates and the withdrawal, refund, cancellation, and postponement terms. Review the agreement, full costs, and accessibility arrangements before paying. No continuing education approval is represented here.

Curriculum & Program Guide · October 2026. Practice photography supplied from Brian Tierney's selected image collection. Archetype artwork and photography credits appear on page 5.